

April 28<sup>th</sup>, 2025

**FOR IMMEDIATE RELEASE  
MEDIA ADVISORY**

**Mothers for Justice and Equality's  
Women's Empowerment Brunch**

**Unshakable: The Power and Resilience of Black Women in Uncertain Times**

Dr. Martin Luther King Jr. once said, **"Whatever affects one directly, affects all indirectly."** In times of uncertainty, we must ask: How are we showing up for one another? How are we uniting in strength and solidarity?

Mothers for Justice and Equality has launched a series of **Women's Empowerment Brunches** to foster unity, healing, and collective well-being. For generations, mothers have carried the weight of concern for their families' safety. Our brunches create an emotional safe space where we can gather, uplift one another, and share ways to heal and build stronger, more resilient communities—together. The brunches honor women Past, Present, and Future, and have celebrated vital national awareness months such as Black History Month and Women's Empowerment Month.

The brunches feature:

- Conversation on healing and empowerment.
- Dynamic panel discussion on self-care, wellness, resilience, and the legacy we leave for future generations.
- Community leaders sharing insights on fostering safety, unity, and well-being.

**Our next brunch:**

**Women's Empowerment Brunch - Unshakable: The Power and Resilience of Black Women in Uncertain Times**

**Date:** April 29th, 2025

**Time:** 10am-12pm

**Location:** Mothers for Justice and Equality – 1017 River Street, Hyde Park, MA

Join us as we stand as our brothers' and sisters' keepers, heal together, and strengthen our communities.

**Who We Are:** Mothers for Justice and Equality is dedicated to ending violence and creating lasting change by empowering families to challenge its impact and build stronger, healthier communities. Through education, advocacy, and support, we work to ensure that healing, wellness, and safety are accessible to all.

**Keynote Speaker:**

Cyntoria Grant

Associate Director, Public School Partnership Harvard Public Affairs & Communications for Harvard University; MJE Advisor

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**Media representatives are invited to attend. Please RSVP to the contact above.**