



Mothers for Justice & Equality

January 2024 Newsletter



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?Happy New Year from MJE!?



[Click here to view our Photo Gallery!](#)

*Our offices are CLOSED on
January 1st for New Years Day
and January 15th in observance of MLK Day
Please leave us a message if needed and we
will return your call within 24 hours!*

Say Hello to our new Director of Adult Education & Workforce Readiness!



Julia Stergas

Julia Stergas (she/her) leads MJE's Adult Education and Workforce Readiness, guiding clients collaboratively. With an MPA and an M.S. in Crime and Justice Studies, Julia leverages her privilege to uplift others. Her experience includes aiding survivors of domestic violence, incarcerated adults, and families in poverty and trauma. Julia, known for her empathy and curiosity, employs client empowerment models to unlock community members' potential. As a change advocate, she strives to make a positive impact in Boston.

December Highlights

Youth Development



?
Our MJE Youth worked with the Boston Public Health Commission to support the [Halloween for Hunger Can Drive...](#)



?
...and assisted MJE during the [Thanksgiving Drive](#), providing support to more than 50 families...



?
...they also took charge of the refreshments, arts and crafts, and supporting families at our [Christmas Party...](#)



...and they facilitated registration, welcoming, and family support at our [Balloon Release event for Survivors of Homicide Victims Awareness Month](#) (SHVAM)!



We're excited for our new partnership with [Boston Day and Evening Academy](#)!



REMINDER
Youth Peer Leadership Open Enrollment until January 19th

[Register here!](#)

Questions? Contact Mel Hoyt at mhoyt@mothersforjusticeandequality.org

Adult Education & Workforce Readiness and Health Equity & Community Engagement



[Mothers Against Violence National Conference](#)



[Balloon Release event for Survivors of Homicide Victims Awareness Month](#) (SHVAM)



[Christmas Party](#)

We're proud to say that our clients achieved job placements following successful participation in our workshops. We've also seen a notable increase in clients seeking case management assistance at MJE, underscoring the trust placed in our comprehensive support services. With that, we're also delighted to see a surge in client engagement across programs and events between our Adult Ed and Health and Wellness departments, indicating the positive impact of our initiatives. Our events, such as the Mothers Against Violence National Conference, Balloon Release for SHVAM, Christmas party, and more, bring the community together to both commiserate and celebrate.

We look forward to hosting more programs and events in 2024!

Questions? Contact:

Julia Stergas at jstergas@mothersforjusticeandequality.org - Adult Ed
Arielle Romain at aromain@mothersforjusticeandequality.org - Health Equity

WE ARE HIRING

mothersforjusticeandequality.org



- ✦ Family Advocate
- ✦ Behavioral Health Specialist
- ✦ STEM Program Coordinator
- ✦ Youth Program Coordinator
- ✦ School-Based Partnership Coordinator

[Apply Here](#)

January Calendars & Events

[Register for Programs HERE!](#)

Click the program you want to register for in the calendar and fill out the registration form.

Adult Education Calendar

January 2024						
Mothers for Justice and Equality, Workforce Readiness Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
MOTHERS for JUSTICE & EQUALITY	MJE Closed - New Year's Day!	Technology (In Person) 11am-1pm	PCA Fundamentals 11am-12pm	Financial Empowerment New Year's Series 11am-12pm	New Client Orientation 11am-12pm	
7	8	9	10	11	12	13
	Adult Education Program Info Sessions 11am-12pm	Technology (In Person) 11am-1pm	PCA Fundamentals 11am-12pm	Financial Empowerment New Year's Series 11am-12pm	New Client Orientation 11am-12pm	
14	15	16	17	18	19	20
	MJE Closed - Martin Luther King Day!	Technology (In Person) 11am-1pm	PCA Fundamentals 11am-12pm	Financial Empowerment New Year's Series 11am-12pm	New Client Orientation 11am-12pm	
21	22	23	24	25	26	27
	Adult Education Program Info Sessions 11am-12pm	Technology (In Person) 11am-1pm	PCA Fundamentals 11am-12pm	Financial Empowerment New Year's Series 11am-12pm	New Client Orientation 11am-12pm	
28	29	30	31			
	Adult Education Program Info Sessions 11am-12pm	Technology (In Person) 11am-1pm	PCA Fundamentals 11am-12pm			

Health Equity Calendar

January 2024						
MJE - Health & Wellness Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		Yoga with JRI 12-1pm		Mindfulness and Meditation 12-1pm		
7	8	9	10	11	12	13
		Yoga with JRI 12-1pm	Community Conversations with Aretha 1-2pm	Mindfulness and Meditation 12-1pm		
14	15	16	17	18	19	20
		Yoga with JRI 12-1pm		Mindfulness and Meditation 12-1pm		
21	22	23	24	25	26	27
		Yoga with JRI 12-1pm		Mindfulness and Meditation 12-1pm		
28	29	30	31			
		Yoga with JRI 12-1pm				



New Client Orientation at Mothers for Justice and Equality

Welcome to MJE!
Learn about our Programs & Services in our Virtual Orientation

Register Here! 

Jan 2024
11am - 12pm
1/5, 1/12, 1/19, 1/26

Mission Statement
The mission of MJE is to end neighborhood violence by empowering mothers and youth to challenge the normalization of violence and become effective catalysts for change in their homes, schools, and communities. We engage mothers, youth, & families by providing targeted support, educational opportunities, and the opportunity to advocate for peace as a community.

603.555.8088 • info@mothersforjusticeandequality.org • mothersforjusticeandequality.org
Roxbury Office: 2201 Washington St 3rd Fl, Roxbury, MA 02119 • Hyde Park Office: 1217 Glen St, Hyde Park, MA 02136



Mindfulness & Meditation

Reduce stress
Improve sleep
Regulate heart rate
Increase happiness

January 2024
1/4, 1/11, 1/18, 1/25
12pm - 1pm • IN PERSON Roxbury

603-555-8088 • 200 WASHINGTON ST, ROXBURY • MOTHERSFORJUSTICEANDEQUALITY.ORG



Community Conversations with Aretha

JANUARY 10, 2024 • 1PM - 2PM • ZOOM

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ADULT EDUCATION WORKSHOP INFO SESSION

DISCOVER THE LATEST AND UPCOMING WORKSHOPS, EVENTS, AND UPDATES

Mondays in Jan 2024 • 1/8, 1/22, 1/29
11am-12pm Zoom

603-555-8088 • 200 WASHINGTON ST, ROXBURY • MOTHERSFORJUSTICEANDEQUALITY.ORG



Yoga with MJE

Increased strength
Increased flexibility
Improved heart rate
Improved sleep

Tuesdays in Jan 2024 • Zoom
1/2, 1/9, 1/16, 1/23, 1/30
12pm - 1pm

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TECHNOLOGY WORKSHOP

JOIN US IN PERSON IN ROXBURY!
Tuesdays in January, 2024
1/2, 1/9, 1/16, 1/23, 1/30
11am-1pm

Register Here! 

- GAIN HANDS-ON SKILLS IN MASTERING GOOGLE SUITES! 
- RECEIVE A NEW CHROMEBOOK UPON COMPLETING THE PROGRAM! 
- ACTIVE TADFC & SNAP RECIPIENTS ONLY 

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Do you have a passion for healthcare?
Are you eager to help patients?

PCA Fundamentals Workshop
Wednesdays in January 2024
1/3, 1/10, 1/17, 1/24, 1/31
Via Zoom 10am-12pm

Register Here! 

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FINANCIAL EMPOWERMENT WORKSHOP SERIES

New Year, New Financial Goals!
Thursdays in Jan 2024
1/4, 1/11, 1/18, 1/25
11am-12pm


BECOME YOUR OWN RESEARCH EXPERT 

INVEST LIKE A PRO 

SAY FAREWELL TO HIGH-INTEREST DEBT 

Register Here! 

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Collaborate with Boston youth programs for peer-to-peer workshops!
Learn how to be leaders in your community and form healthy relationships. Lead 5-10 min workshops on elementary and middle school topics.
Organize community events to promote peace in our communities.

Youth Peer Leadership




10/23/23- 4/12/24
\$15/hr stipend
Ages 14-18

MOTHERS FOR JUSTICE AND EQUALITY

OPEN ENROLLMENT UNTIL JAN 19TH 2024!

Register Here! 

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