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February 26th, 2025

**FOR IMMEDIATE RELEASE  
MEDIA ADVISORY  
Mothers for Justice and Equality's  
Women's Empowerment Brunch:  
Honoring Black Women Past, Present, & Future**

**What & Why:**

Dr. Martin Luther King Jr. once said, "Whatever affects one directly, affects all indirectly." In times of uncertainty, we must ask: How are we showing up for one another? How are we uniting in strength and solidarity?

Mothers for Justice and Equality is launching a series of **Empowerment Brunches** to foster **unity, healing, and collective well-being**. The **Women's Empowerment Brunch: Honoring Black Women—Past, Present, and Future** will be a space for reflection, inspiration, and action.

For generations, mothers have carried the weight of concern for their families' safety. This event creates an emotional safe space where we can gather, uplift one another, and share ways to heal and build stronger, more resilient communities—together.

The brunch will feature:

- **A conversation on healing and empowerment through Monalisa Smith's latest book, *A Cup of Tea for the Soul - A Journey of Healing, Reflection, and Empowerment***
- **A dynamic panel discussion** on self-care, wellness, resilience, and the legacy we leave for future generations
- **Community leaders** sharing insights on fostering safety, unity, and well-being

Join us as we stand as our **brothers' and sisters' keepers, heal together, and strengthen our communities.**

**When & Where:**

Thursday, February 27, 2025

10:00 AM – 12:00 PM (Doors open at 9:30 AM)

Mothers for Justice and Equality - 1017 River Street, Hyde Park, MA 02136

**Who We Are:**

Mothers for Justice and Equality is dedicated to **ending violence and creating lasting change** by empowering families to challenge its impact and build stronger, healthier communities. Through **education, advocacy, and support**, we work to ensure that healing, wellness, and safety are accessible to all.

**Special Guests:**

Boston Mayor Michelle Wu

State Representative Rob Consalvo

City Councilor Julia Mejia

**Contact:**

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**Media representatives are invited to attend. Please RSVP to the contact above.**

## Run of the Show

9:30am	Doors Open
9:50am - 10:00am	Prayer & Welcome Remarks
10:00am - 10:15am	Boston Mayor Michelle Wu Arrives Meet & Greet
10:15am - 10:30am	Boston Mayor Michelle Wu Empowerment Awards & Remarks
10:30am - 11:00am	Brunch is Served
11:10am - 11:50am	<i>A Cup of Tea for the Soul— a Journey of Healing, Reflection, and Empowerment</i> Monalisa Smith Followed by Panel Discussion
11:50am - 12:00pm	Closing Remarks

